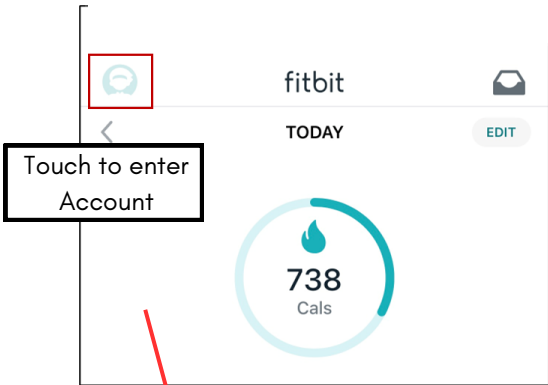
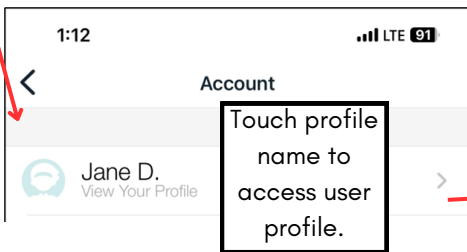


## PROTECT YOUR FITBIT INFORMATION

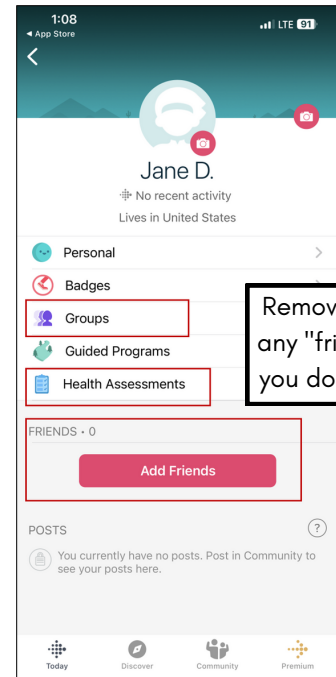
Keep your Fitbit device and software updated to ensure you receive the latest security updates.



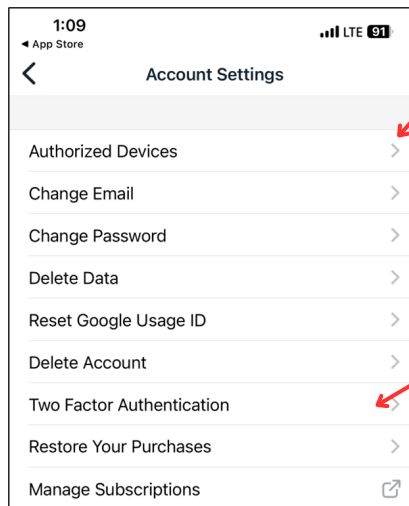
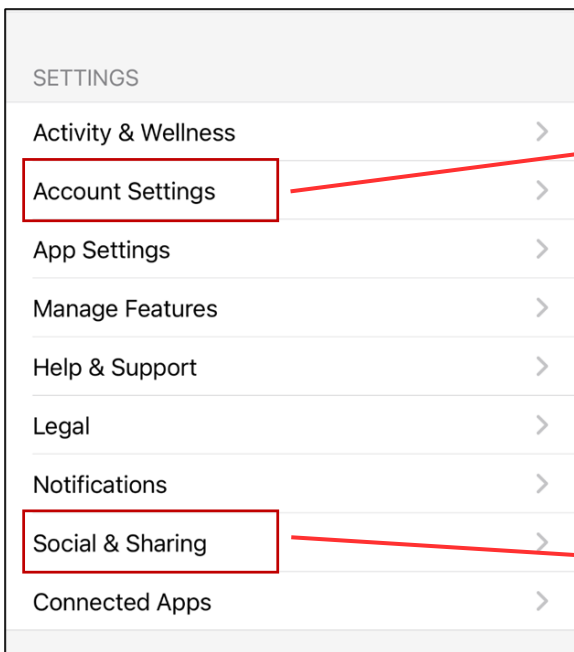
**Edit your profile.** Adjust your profile settings to show minimal personal information such as setting your Display Name to a username rather than actual name.



Leave any community **Groups** you may have joined.  
Make sure your health assessment is set to **Private**.

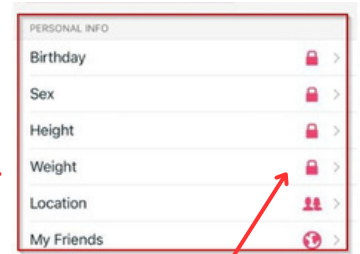
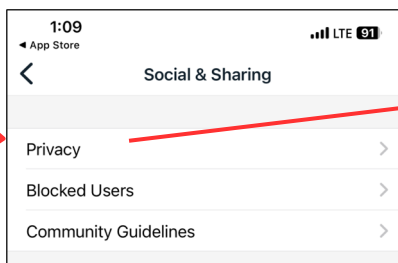


## PRIVACY



**Authorized Devices:** Check for devices that are authorized on your account, sign out of those you don't recognize.

**Two Factor Authentication:** Enable this to prevent unauthorized users for accessing your account.



Set Personal Info to Private or Friends Only.

 **USEFUL LINKS****Safe Search Kids**

<https://www.safesearchkids.com/>

**Microsoft Safety & Security**

<https://support.microsoft.com/en-us/help/4091455/windows-protect-privacy-internet>

**OnGuard Online**

<https://www.consumer.ftc.gov/features/feature-0038-onguardonline>

